**Worksheet 01: Personal Framework Conditions and Motivation**

**! Everyone has different expectations of you with different backgrounds and motivations. That's why you can not please everyone at the same time. !**

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| **Expectations of different stakeholders** | **Your assumptions** |
| My partner expects me to... |   |
| My children expect me to... |   |
| My mum expects me to... |   |
| My father expects me to... |   |
| My friends expect me to... |   |
| My siblings expect me to... |   |
| My relatives expect me to... |   |
| **Expectations of different stakeholders** | **Your assumptions** |
| My employer expects me to... |   |
| My fellow students expect me to... |   |
| My lecturers expect me to... |   |